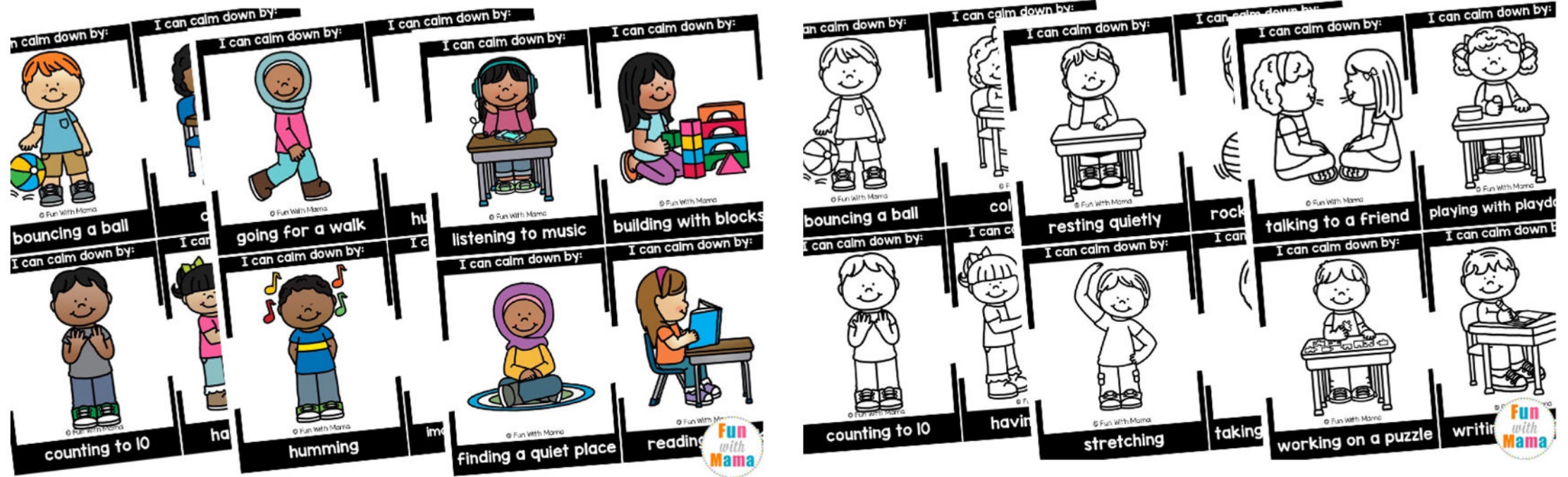


# CALMING STRATEGY CARDS



Teach emotional intelligence and mindfulness with these calming strategy cards